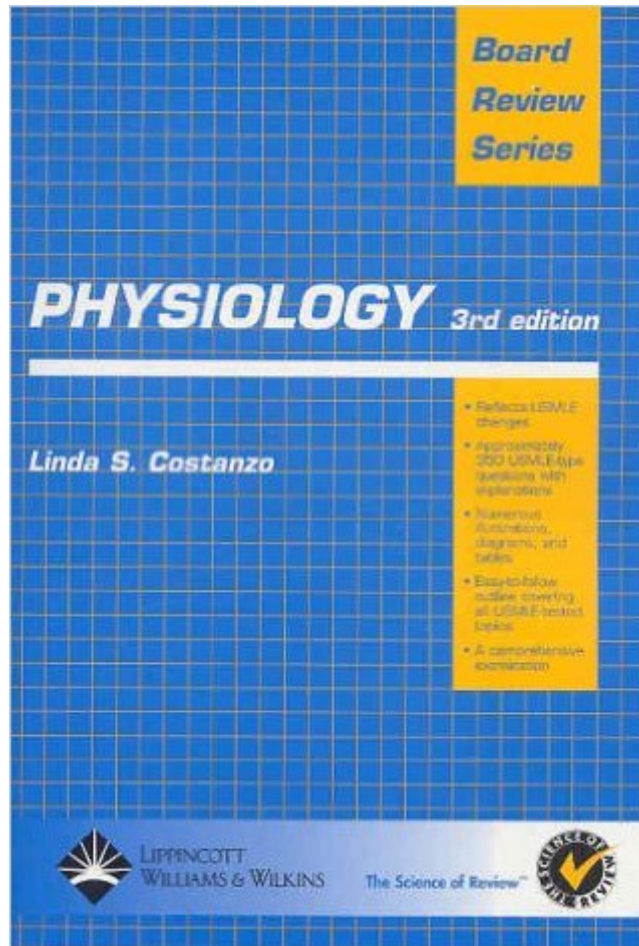


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# Physiology (Board Review Series) (3rd Edition)



## Synopsis

BRS Physiology embodies the popular BRS format of succinct outline review of content followed by USMLE-style questions with explanations. The overall content and questions have been updated to reflect the evolving nature of USMLE. On some copies of BRS Physiology, Third Edition, the publisher omitted value-added material that should have appeared on the inside front and back covers. This material can be downloaded and printed from here: [Inside Cover Inside Back Cover](#)

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## Customer Reviews

VERY great book...there were graphs on my step 1 that were straight outta this book....if ur on a systems based coursework use it...read it twice in prep for the boards...and u'll do great....do the questions on subjects u aren't clear on...for BOD, i'd read the heart section during the cardiovascular section...and kidney during renal...and so forth...

This book is the best review for physiology on Step 1. That does not mean it is the most detailed, or that it has everything, but in terms of high-yield information that is managable in limited time, it takes the cake. It follows the format of Costanzo's larger text "Physiology" which is more intended for coursework, and which is also excellent. It is loaded with high-yield information and great diagrams. If you know it well, you will be well prepared for Step 1 (and physiology is a pretty big part of that exam.)Most physio topics are covered very well. Some pathophysiology topics (e.g. cardiac arrhythmia) are not. In those cases, "Pathophysiology for the Boards and Wards" can be used as a

supplement. It will not be enough by itself for coursework. Suggestions for a course textbook are Costanzo's "Physiology" or "NMS Physiology", both of which are excellent. NMS has more detail, Costanzo is somewhat easier to read. But for Step 1 physiology studying, this book is it.

Really helps you pick out the things you MUST KNOW. Great tables. Doesn't have enough substance or diagrams for renal physio. It also doesn't cover clotting/coagulation (please correct me if I'm wrong), so make sure you get that info elsewhere...

Basically the best Physiology book out there. Great graphics and explanations, all the material you'll ever need for the Step 1 and more. Get it with your eyes closed and don't even bother with anything else for this subject.

There are only two great BRS review books. This (physiology) and the behavioral BRS are well organized, concise, and complete. I did feel that the GI chapter in physio BRS was too detailed. Like the physiology of gastric motility...probably won't show up on the step 1 exam. The only high-yield GI physio topics are the GI hormones. Other than that, the book covers everything and in just the right amount of detail. You can read & understand it in 3-4 days, if you were good at physiology. 4-5 days (depending on how many hours you study a day) if you were sleeping during your physiology lectures in med school. In my opinion the only physiology review book. Kaplan's lectures notes on physio would take too long to get through.

Compared to most other subjects, Physiology on the USMLE may require some deeper understanding of the scientific knowledge behind models of organ function. For an FMG, this would mean that, on average, it would be harder to answer physiology questions on the USMLE based on clinical knowledge alone compared to answering pathology or pharmacology questions. Physiology (BRS) by Linda Costanzo is a very well written book. It powerfully delivers the major concepts required for understanding the physiology tested on the USMLE. Simply, a great book

This is an incredible book, I loved the elegant structure and the not overwhelming details. It goes right to the point. I'd only add more questions, in fact you can find that questions in a separate book from Ms Costanzo in this same BRS. Recommended.

The book had a lot of concepts that really helped with my learning of physio throughout the course

and later with prepping for the physio shelf exam. My only beef with the content was with the impertinent discussions of molecular similarities between some hormones, but overall, I was pretty satisfied with the book.

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